

# Diagnostic tool<sup>1</sup>

FCS PARAMETER	Score		Your patient's score
	Yes	No	
<b>TRIGLYCERIDES</b>			
Has the patient had fasting TGs of >10 mmol/L for three consecutive blood analyses?	+5	0	
Has the patient had fasting TGs of >20 mmol/L at least once?	+1	0	
Has the patient had fasting TGs of <2 mmol/L at least once?	-5	0	
<b>MEDICAL HISTORY</b>			
Does the patient have a history of pancreatitis?	+1	0	
Does the patient have unexplained recurrent abdominal pain?	+1	0	
Does the patient have a family history of familial combined hyperlipidaemia?	0	+1	
<b>DIFFERENTIAL DIAGNOSIS</b>			
Have you excluded secondary factors (except pregnancy and ethinylestradiol)?*	+2	0	
Has the patient failed to respond to hypolipidaemic treatment (TG decrease <20%)?	+1	0	
How old was the patient when their symptoms first appeared?			
≥40 years	0	0	
<40 years	+1	0	
<20 years	+2	0	
<10 years	+3	0	
<b>TOTAL</b>			

\*Secondary factors for hypertriglyceridaemia include alcohol consumption, diabetes, metabolic syndrome, hypothyroidism, corticotherapy and additional drugs. If diagnosis is made during pregnancy, a second assessment is necessary to confirm diagnosis post-partum

1. Moulin P, et al. Atherosclerosis. 2018;275:265–272

Score	
≥10	FCS very likely
=9	FCS unlikely
≤8	FCS very unlikely